

THE PARENT MENTOR

MINUTE

SEPTEMBER 2023

A MONTHLY NEWSLETTER OF THE ESC LORAIN COUNTY PARENT MENTOR PROGRAM



THE SCIENCE OF READING

[Here](#) is a video from a school explaining The Science of Reading. It is well done and offers parents great suggestions on how to support reading at home.



PRESCHOOL

[Reading_101:A Guide for Parents](#) is a great resource for your early readers!

[Reading_Tips for Families](#) has been highlighted before in our newsletters! Bookmark this link as it is regularly updated with new ideas and resources for Ohio families! They even have a Day-by-Day Ohio Literacy Calendar!

READING RESOURCES

In our last newsletter, we referenced the big push in Ohio to increase literacy for all students. We wanted to share some information with some resources that may help you understand some of the things you may be hearing about reading!

TIPS FOR FAMILIES

Learn about the science of reading

- Visit the [Science of Reading webpage](#)
- Read the Science of Reading [FAQs](#)
- Watch the [Science of Reading Webinar](#)
- Learn about the Science of Reading on [Literacy Academy on Demand](#)



Find dyslexia supports

- Read the [Dyslexia Resource Guide for Ohio Families](#).
- Check out the ["Ask an Expert" video series](#) to hear Jack Fletcher, Jan Hasbrouck, and Maryanne Wolf address important questions about dyslexia screening and intervention.

Obtain information on the Third Grade Reading Guarantee

- Visit the Third Grade Reading Guarantee [Family Resources webpage](#) for information and resources to help families support children with reading difficulties.

Sign up for Dolly Parton's Imagination Library of Ohio.

- [Dolly Parton's Imagination Library of Ohio](#) mails kids one free book each month until his or her 5th birthday.

ELEMENTARY

Is your child entering 3rd or 4th grade in Fall 2023?

There are changes for Ohio schools that may affect you. Beginning this school year, your child will not be held back in 3rd grade if they did not pass the 3rd-grade reading test. All schools must now promote children to 4th grade. But, as parents and guardians, you always have the opportunity to work with the school to decide what would be best for your child's education. [Here](#) is a site with helpful questions you can ask your child's teacher.



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The Explosive Child

4-week book club with Connecting for Kids

Families will explore the first half of Dr. Ross Greene's book, "The Explosive Child," and discuss:

- Lagging skills & abilities
- The ALSUP
- Unsolved problems
- Plans A, B, and C

Free childcare available for the first meeting. The three remaining sessions will be held virtually via Zoom.

FIRST MEETING

Saturday, Sept 23 from 3:30 - 5 p.m.

Westlake Porter Public Library



To register: connectingforkids.org/workshops

READING

Note: the Book Club for Adults

This four-week, peer-led book club begins with an in-person session and then meets virtually to explore the book together. Each week, families will discuss different sections of the book and support each other as they learn to use collaborative and proactive problem-solving with their children.

LOCAL RESOURCES/EVENTS

Exercise Class

Hey all you workout fanatics, parents, and people who want to get in shape - Jacobs Ladder is back at Christ Church!

We are starting our fall session on Tuesday, September 5 at 6:30 PM.

The address is 23080 Royalton Rd., Columbia Station 44028

A class is also held at ADMA Dance and Gymnastics 24272 Detroit Road, Westlake at 6:30 PM.

If you have any questions feel free to DM us or Contact Tony D'Orazio at 440.225.2365 <https://jacobs ladderfitness.com/>

LEARNERS WITH COMPLEX NEEDS

Share & Support is an interactive support group where caregivers can meet other families facing similar concerns. Parents will have the chance to learn techniques and coping tools while connecting virtually. In this session, we will focus on the difficulties of parenting for complex needs, caregiver burnout, and how to beat exhaustion before it beats you.

<https://www.connectingforkids.org/event-5371629>

Come Have S'more Fun
WE ROCK THE SPECTRUM
CLEVELAND PRESENTS

Parent's Night Out



FRIDAY SEPTEMBER 29TH

6-9PM



LATE NIGHT HOURS FOR AN EVENING OF OPEN PLAY, GAMES, MOVIES, PIZZA, AND S'MORES! PARENTS-DROP OFF THE KIDS AND ENJOY A NIGHT OUT!



AGES 3+ (POTTY TRAINED)
\$40 PER CHILD/\$35 SIBLINGS
LIMITED SPOTS AVAILABLE
CALL 216-417-4748 OR EMAIL
info@werockthespectrumcleveland.com
TO BOOK



WE ROCK THE SPECTRUM CLEVELAND PRESENTS SPOOKTACULAR EXTRAVAGANZA
TRUNK-OR-TREAT & RESOURCE FAIR
SATURDAY OCTOBER 21, 2023
 CHOOSE YOUR SESSION IN THE GYM; PLEASE COME AT LEAST 30 MINUTES PRIOR TO YOUR SESSION START TIME FOR TRUNK-OR-TREAT

SESSION 1: 3-4P SESSION 3: 5-6P
 SESSION 2: 4-5P SESSION 4: 6-7P

GATHER INFORMATION FROM LOCAL SPECIAL NEEDS RESOURCES WHILE TRUNK-OR-TREATING THEN HEAD INTO THE GYM DURING YOUR SESSION TIME FOR OPEN PLAY & MORE HALLOWEEN FUN INCLUDING:

TRUNK & COSTUME CONTEST
 BALLOON DROP
 PUMPKIN PAINTING
 SENSORY BINS
 PHOTO BOOTH

\$30 PER CHILD/\$20 PER SIBLING
 REGISTER BY CALLING 216-417-4748
 OR EMAIL INFO@WEROCKTHESPECTRUMCLEVELAND.COM



The Silver Lining Group

2023-2024 PARENT And COMMUNITY SCHEDULE

All Events Begin at 6:00 PM

WORKSHOPS AND TRAININGS VIA ZOOM

September 12th: Accepting No

October 10th: Trick or Treat - Tips to Help Make Halloween Enjoyable

November 14th: Decoding ABA Jargon

December 12th: De-escalation and Prevention

January 9th: Quick Techniques for in the Home (Token Boards, Visual Schedules, Reinforcement)

February 13th: Common Eating Issues

March 12th: Safety Topics in the Home and Community

April 9th: Explored Autism Across the Lifespan (Guardianship and Life After School)

May 7th: Individual education Plans (IEP) and Evaluation Reports (ETR)

Use this link for for trainings. We hope to see you soon!

<https://uso6web.zoom.us/j/89916482170>

For more information, visit the Silver Lining Group website: <https://www.silverliningaba.com/>

FCA METRO CLEVELAND PRESENTS:

FCA All-Abilities Camp

CAMP SPONSORED BY

- *Bob & Lori Campana
- *It All Adds Up
- *Ben & Jane Norton
- Avon Commons
- Knights of Columbus, Fr. Ragan Council
- M7
- Chick-fil & Westlake, OH
- SMART BUSINESS
- EYRING MOVERS SINCE 1987
- *Community Foundation of Lorain County
- *Fedeli Family Charitable Foundation
- *The Rocco & Joan DiLillo Charitable Trust

IN PARTNERSHIP WITH

- OHIO CHALLENGE
- #100DaysOfAutism
- GiGi's

SATURDAY, OCTOBER 21, 2023

T3 Performance
 1965 Recreation Lane
 Avon, OH 44011

AGES 5-12
 9-11:30 AM

AGES 13+
 1-3:30 PM

For More Information Contact Kerri at ksadd@fca.org



FOR MORE INFO & FREE REGISTRATION
 SCAN THE QR CODE
 OR GO TO
<https://fca.regfox.com/2023ohallabilitie>



Join us for a panel discussion and FREE screening of

The RIGHT TO READ

The Right to Read is a 2023 documentary that focuses on the critical problem of poor early reading proficiency in the United States, and follows a core group of activists, educators, and parents as they advocate for more phonics education.

Elyria Performing Arts Center
600 West Ave.
Elyria, OH 44035
October 10, 2023 @ 6:30PM

Scan the QR code to register!



REGISTER FOR FREE SCREENING

Join The Literacy Leaders for Change on October 10th for a free screening and panel discussion of "The Right to Read." This groundbreaking event aims to offer insights into equitable solutions about the most foundational indicator of lifelong success: the ability to read.



The KIDnections Group VIRTUAL Cooking Classes



The KIDnections Group offers virtual cooking classes via Zoom on Saturday mornings once a month and chefs of any age and all abilities are welcome to cook with us! This virtual cooking experience will allow participants to utilize the kitchen tools and foods in their own space at home while learning new skills and practicing familiar ones. We will guide chefs through two to three recipes step by step, answering questions and encouraging active participation. Cost for the class is \$20 and anyone in your household (i.e. siblings, cousins, friends, grandparents, etc.) that can cook or assist with cooking is invited to join in for no additional cost. We hope to see you soon!

Dates: Saturday, September 30, 2023
Saturday, October 28, 2023
Saturday, November 18, 2023

Time: 10:00-11:00 AM EST

Location: Your own kitchen!

Cost: \$20 per household

To register:

- Complete the registration form [Fall 2023 cooking class registration form](#)
- Send registration fee via PayPal to thekidnectionsgroup@gmail.com OR Venmo to @thekidnectionsgroup. We also accept county resource funds for both Lorain and Cuyahoga Counties. If you would like to use this option, please contact us via email.
- Class registration deadline is one week prior to the class date of each class.

If you have any questions, please contact us via email at thekidnectionsgroup@gmail.com and visit our website at www.thekidnectionsgroup.com.

REGISTER FOR KIDnections COOKING CLASS

It's time to register for FALL cooking classes! They will continue to be via Zoom at this time. We love seeing our chefs getting familiar with their own kitchens and cooking materials right in their homes! Watching their skills grow alongside family members is meaningful and a great practice of daily living skills.

You may register for one or more classes by scanning the QR code below.

